# POCKET PHARMACIST

If you know someone at risk of an opioid overdose, you can save their life by purchasing naloxone, an opioid overdose reversal nasal spray, without a prescription at your local pharmacy.

### Ways to spot false medication

- Discoloration
- No labels
- No active ingredients
- Substandard ingredients
- Undeclared ingredients
- → Incorrect dosages
- Pills that are not smooth
- Uneven pressed labels

SOURCE: DRUG ENFORCEMENT AGENCY

Never purchase drugs from anyone other than a certified, trusted pharmacist.



The DEA website provides a great visual for real and false medication. Scan the QR code here to access this resource:

Parents, warn your children about the dangers of websites intended to mislead and draw in younger people to purchase illicit drugs.

#### Resources

If you or someone you know is suffering from addiction, reach out to the 24/7 Addiction Hotline at 1-800-662-4357.

### Did you know?

Georgia has a Medical Amnesty Law, which provides limited immunity to those seeking medical attention for themselves or someone else.

Scan this QR code or visit https://dph.georgia.gov/stopopioidaddiction /opioid-basics/naloxone for more information.



## **QUICK GUIDE TO NALOXONE**

Naloxone won't harm someone if they're overdosing on opioids or other drugs, so it's always best to use it if you think someone is overdosing. If someone is not breathing and not responsive, follow these steps:\*

- Try to wake them by speaking loudly, pinching, or rubbing your knuckles up and down the sternum (the bony part in the middle of the chest).
- If you have naloxone, use it. Administer one dose every two minutes.
  - Injectable: Draw up the entire vial and inject into thigh muscle (must be muscled to work)
  - Nasal: Stick the device all the way up one nostril and click the plunger, make sure the device is inserted fully (medication will absorb through the sinuses)
- Call 911, and explain someone is not responsive and not breathing.
- Provide rescue breathing. Get the person on their back, tip their head back to straighten the airway, pinch their nose, put your mouth over theirs, and form a seal, one breath every five seconds.
- When the person starts to breathe regularly on their own, roll them into a recovery position on their side.
- Be gentle with them and yourself afterward!

SOURCE: GEORGIA DEPARTMENT OF HEALTH



